

Customer Newsletter

February 2025

bluebird
care®

Cardiff and The Vale

Hi there, welcome to your monthly newsletter

Pop along to our Forget Me Not Hub



Every Monday and Thursday, we run a local hub with the mission to end isolation and loneliness in the local community. Our Forget Me Not Community Hub is driven from our hearts, and run by our fabulous Hub Co-Ordinator Nicola!

The Forget Me Not Hub takes place at the Dementia Hub at 51 Eastgate, Cowbridge, CF71 7EL

There is no charge for the hub and we serve tea and biscuits with plenty of laughter. It really is a fabulous place to be and absolutely everyone is welcome.

We would love to see you there!



Employee of the Month



January
Employees of
the month



Congratulations to our winners of
Employee of the month!

*Kim Matthews
and
Susan Stavrides*

Thank you for
all of your hard work!



Please remember, if you wish to nominate any of your carers for Employee of the Month, call the office and ask to speak to Clara on 02922 671498.

Staff Anniversaries

Congratulations!
to our staff on their
anniversaries



Hayley Jones
Care Assistant



Emma Avey
Supervisor



Bernadette
Care Assistant



Karen Phelps
Care Assistant

Congratulations to these staff members celebrating their work anniversaries in February!

Do you know that we offer Live-In Care?



We want you to discover the difference with Live-In Care

So what is Live-In Care?

Live-In Care is round the clock support in your own home. Your Live-In Care will assist with daily tasks, personal care, and emergencies. Live-In care can be the next step from your Home Care visits and by upgrading to live-in care, you're not just choosing a service—you're choosing a lifestyle that puts dignity, independence, and comfort at the forefront.

Let us help you or your loved one live life to the fullest while receiving exceptional, compassionate care in their own home.

If you would like to speak to us about what Live-In care could look like for you, give us a call today on 02922 671498, and one of our helpful office staff will be available to speak with you.

Do you need help with nail cutting?



Did you know that Age Connects Cardiff and The Vale offer a Nail Cutting Service?

Age Connects Cardiff & the Vale provides a simple nail cutting service administering basic foot care services and information on foot wear to older people and are now able to offer home visits throughout Cardiff, as well as the Vale, to clients who are housebound.

Their prices start from £22 for a clinic session, or from £32 for a home appointment.

There may also be discounted appointments available for clients receiving pension credit.

To book or discuss a potential nail cutting appointment, call 02922 331113.

Care experts arriving for your care calls



Unfortunately, sometimes our care experts may be late to your care call due to circumstances out of their control such as traffic.

Because of these circumstances that can happen on occasion, we kindly ask — you give our carers 30 minutes either side of your call time to arrive.

As always, if there is anything you need, please get in touch with the office.

We are here for you. Whatever you need.

cardiffandthevale@bluebirdcare.co.uk
Cardiff: 02922 671498 | Vale: 02922 671497

Thank you